

more



APRIL 2001

MIND & SPIRIT

FINDING WHAT
YOU NEED NOW

THE DUMPED WIVES
DINNER PARTY

IT'S 3:00 A.M.
CURES FOR THOSE
RESTLESS NIGHTS

OLDER WOMEN?
YOUNGER WOMEN?
WHO DO MEN WANT—
YOU'LL BE SURPRISED

SIGOURNEY
WEAVER
SMART, SEXY,
SAVVY

GET GORGEOUS

THE DOCTORS! THE MAKEUP! THE CLOTHES! THE ATTITUDE!

SPECIAL BONUS
WOMEN WHO KNOW
EVERYTHING
(BUT EVERYTHING)
ABOUT SEX

more's
BLACK
BOOK

**75 top nip-and-tuck
doctors from
east coast to west**

BY ELIZABETH HAYT

Whether you have a bottomless bank account or a careful approach when it comes to money, plastic surgery may well have crossed your mind. Today, more and more baby boomers—men included—are going under the knife (or laser) to make sure their outward appearance matches their inner confidence. The result: a vast array of methods and fierce competition among doctors. So how can you be sure your face—or any other part—is in the best hands? To answer that question, **more** has created this nationwide black book of physicians who are tops at cosmetic work, based on conversations with plastic-surgery veterans, doctors specializing in the field and Wendy Lewis, an independent cosmetic surgery consultant. We tell you what's unique about each practice, who has developed signature techniques, which doctors work magic on specific body parts and even who has been trusted by the scalpel-experienced rich and famous.

PALM BEACH

JAY LERNER (561-627-9000):

Designs smiles that are harmonious with a person's features. Does veneers in two visits with minimal anesthesia. Creates lifelike temporaries to try out. **Cost: \$1,000-\$1,500 per tooth.**





"I was always self-conscious about smiling. Since getting porcelain veneers, I'm hearing a lot of compliments"

Aime Dimmock, creative director of [www](#), pp 42